

SYSAC Bar & Galley

Meat and Fish Grills

We serve a wide range of meat and fish grills which include:

Rump, Sirloin, Fillet and Gammon steaks. Mixed Grill.

These are not normally available in the day but may occasionally be served as 'chef's specials with a choice of sauces.

If you are planning a 'group meal' in the day please discuss with staff who will be pleased to make arrangements for this type of meal. Please see our separate evening menu for pricing.

Side Orders

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| Chipped Potatoes | £ 1.50 |
| Garlic Bread (option of Cheese Filling) | from £ 1.75 |
| Saute Potatoes | £ 1.50 |
| Side Salad | £ 1.50 |
| Onion Rings | £ 1.50 |
| Bread & Butter | £ 0.20 |
| Roll | £ 0.60 |

Sunday Lunch

The galley is open for Sunday Lunches from 12.30 to 3.30.

Traditional Beef, Lamb and Chicken dinners are available with a selection of vegetables. A range of starters and Desserts are also available. Booking is recommended.

Starters £2.25 Lunch £5.95 Desserts £ 2.25

Swansea Yacht and Sub Aqua Club,

The Club House, Pickett's Wharf, East Burrows Road, Swansea SA1 1RE

SYSAC Bar & Galley

Day Menu

Summer & Autumn 2010



**Party, Function and Sunday Lunch
bookings taken**

Visitors Warmly Welcomed.

Tel: 01792 469096 / 469084

Web: www.sysac.org.uk

Email: clubhouse@sysac.org.uk

Day Menu

Main Meals

Homemade Soup of the Day £ 2.20
Served with a freshly baked small baguette & butter..

Chilli Con Carne / Curry of the day £ 4.25
With Rice, Chips or both.

All Day Brunch £ 3.95
Bacon, Sausage, Egg, Beans, Tomato, Hash Brown & Chips

Sausage or Ham, Egg and Chips £ 3.75
The lunchtime favourite.

Gourmet Beef Burgers £ 3.25
With chips & salad. Cheese or Bacon £ 0.50 extra.

Beer Battered Fish & Chips £ 4.25
with mushy peas.

Southern Fried Chicken Burger £ 3.65
With chips and salad garnish.

Chef's Specialities of the Day

Too many to mention—please see Galley Notices

Salads £ 3.85

A range of salads are available.
All salads can be accompanied by a choice of potatoes, chips or rice as an extra.
See Side Orders.

Day Menu

Jacket Potatoes From £ 2.55

The following range of fillings are available:

Cheese & Coleslaw £ 2.55
Chicken & Bacon or Chicken & Tikka etc £ 2.95
Chilli £ 2.95
Tuna Mayonnaise £ 2.85
Baked Beans £ 2.35
Cockles and Lava Bread £ 3.95

Etc

Panini's, Baguettes

The following range of fillings are available:

Prawn £ 2.95
Steak & Onion £ 3.95
Chicken & Bacon or Chicken Tikka etc £ 2.95
Sausage & Onion £ 2.75
Bacon, Lettuce & Tomato £ 2.85
Honey Roast Ham £ 2.75
Tuna & Mayonnaise or Sweet Chilli £ 2.65
Mature Cheddar Cheese £ 2.55
Cockles & Lava Bread £ 3.95

Etc

Rolls or Sandwiches Plain and Toasted

An example of the fillings available:

Beef £ 2.25
Chicken £ 1.95
Ham, Cheese and Tomato £ 1.95
Sausage & Onion £ 1.95
Tuna and Mayo (not toasted) £ 1.95
Corned Beef £ 1.95

Etc.