

~ LITE BITES ~

Served 12.00pm - 4.00pm

Jacket Potatoes from £2.95
with a choice of fillings

Rolls, Sandwiches & Baguettes from £2.50
with a choice of fillings

Ham & Egg ~ Bacon & Egg ~ Sausage & Egg
Scampi & Peas ~ Gammon & Peas
Faggots & Peas

All £5.00

**PLEASE SEE OUR SPECIALS BOARD
FOR OUR DISH OF THE DAY**



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MENU
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The Clubhouse ~ Pockets Wharf ~ East Burrow Road
South Dock ~ Swansea ~ SA1 1RE
t: 01792 469096
www.sysac.co.uk



Menus produced in
association with




~ GRILLS ~

Our range of mouth watering steaks are all locally sourced and served with mushrooms, garden peas, onion rings and a choice of chipped potatoes or jacket. Have it as you like it Bleu - Well done

Sirloin Steak	£12.95
Rump Steak	£10.95
Mixed Grill	£15.99
Gammon Steak	£8.95
Upgrade your steak - add:	
Scampi	£3.00
Ribs	£3.00
Pulled Beef or Pork	£3.00
Pepper or Diane Sauce	£2.00

~ CHICKEN ~

Mouth-watering Chicken Breast	£8.95
<i>cooked to order in either: Creamy Cajun Sauce, BBQ Sauce, Garlic Butter or just naked</i>	
Five Spicy Chicken Fillet Goujons	£8.95
<i>with a choice of dipping sauce</i>	

~ FISH ~

Good Old Scampi <i>served with tartare sauce. Enjoy this British classic</i>	£7.95
Salt & Pepper Squid <i>deep fried and served with a choice of dipping sauce, fries and balsamic salad</i>	£8.95
Beer Battered Fish <i>coated in crispy Gower Gold ale batter</i>	£8.95
Mussels Mariners <i>served with crusty bread</i>	£9.95

~ KIDS MEALS ~

Chicken Nuggets, Sizzling Sausage,
Scampi or Gammon

all served with fries and with beans or garden peas
£4.95

~ SIDE ORDERS ~

Onion Rings	£2.50
Garlic Bread	£2.50
Pepper or Diane Sauce	£2.00
Chips	£1.70
Sweet Potato Fries for an extra	£1.00

~ VEGETARIAN OPTIONS~

Pea & Mint Risotto (v)	£9.95
Three Bean Smokey Chilli (v)	£9.95
<i>Black Turtle, Cannellini and Kidney Beans cooked in a mildly spiced smokey sauce, complimented with onions and peppers</i>	

~ BURGERS ~

Celtic Pride Beef Burger <i>juicy beef burger, made with Celtic Pride Welsh beef, flavoured with smoked Halen Mon sea salt, topped with bacon, smoked cheese, gherkins and crisp salad, in a toasted rosemary and rock salt focaccia</i>	£9.99
Lamb & Mint Burger <i>on crisp iceberg lettuce, topped with a baked onion bhajee and a cooling mint sauce, all wrapped in a warm naan bread, with mini poppadoms and mango chutney</i>	£9.99
Pork, Honey & Mustard Burger <i>topped with a crisp apple fritter, in a toasted brioche bun, served with pork scratchings and chutney</i>	£9.99
Battered Fish Fillet Burger <i>topped with melted cheese, chunky tartare sauce, served in a Welsh buttered floured bap, chips and peas</i>	£9.99
Mexican Chilli Bean Burger (v) <i>served with salsa, guacamole and sour cream, all wrapped up in a warm tortilla served with nachos and jalapenos</i>	£9.99

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